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Maine CDC Recommendations: Measles in a Summer Camp

All suspect cases of measles must be reported immediately to Maine CDC at 1-800-821-5821

Recommendations for addressing a camper or staff member with measles (i.e., “the case”)

- The case must be isolated until 5 days after rash onset. During this time, the case cannot fly, travel in public transportation, or be in any public places.
 - The case may be picked up by their parents/guardians if they drive in a personal vehicle and the trip from camp to their home does not require any stops (including gas, rest stops, etc.)
 - OR
 - The case should be isolated at the camp. They can be visited by camp staff with proof of immunity as necessary to provide nursing care, deliver food, etc. Staff providing these services should wear masks. Other campers should not visit the case while in isolation.

Recommendations for individuals exposed to a measles case without proof of immunity to measles (i.e., “the non-immune group”):

- Exclude such individuals from all camp activities for 21 days after their last exposure to the measles case.
- Keep the non-immune group separate from other campers / staff.
 - They can be outside and/or use camp buildings, but these spaces cannot be shared with anyone who is not part of this group.
- The group may be visited by camp staff with proof of immunity to provide nursing care, deliver food, etc. Staff providing these services should wear masks.
- If a case of measles presents in this group, the 21-day timeframe resets.
- If a parent or guardian prefers that their child go home rather than stay at camp, they can go home.

Recommendations for individuals exposed to a measles case with proof of immunity to measles (i.e., “the immune group”).

- No restrictions. Individuals may attend activities and all travel as planned.
- Make individuals aware of exposure and recommend monitoring for signs and symptoms of measles.

For questions or more information:

- <https://www.maine.gov/dhhs/mecdc/infectious-disease/epi/vaccine/measles.shtml>
- <https://www.cdc.gov/measles/index.html>
- 1-800-821-5821 (Maine CDC disease reporting line)
- disease.reporting@maine.gov (not secure)